

*Clarum decus ieiunii*  
**The Glory of These Forty Days**

Maurice F. Bell / ERHALT UNS, HERR

1. The glo - ry of these for - ty days we cel - e -  
2. A - lone and fast - ing Mo - ses saw the lov - ing  
3. So Dan - iel trained his mys - tic sight, de - liv - ered  
4. Then grant us, Lord, like them to be by prayer and  
5. We praise the Fa - ther and the Son, the Spir - it

brate with songs of praise; 1. for Christ, by whom all  
God who gave the law; 2. and to E - li - jah,  
from the li - on's might; 3. and John, the Sa - viour's  
fast from sin set free; 4. our spir - its strength-en  
with them, ev - er One, 5. our God in three - fold

things were made, him - self has fast - ed and has prayed.  
fast - ing, came the steeds and char - i - ots of flame.  
friend be - came the her - ald of Mes - si - ah's name.  
with your grace, and give us joy to see your face.  
Name a - dored, from age to age the on - ly Lord.

Inspiration: "Clarum decus ieiunii"; ascribed to Gregory the Great, ca. 540-604.  
Lyrics: 88.88; Maurice Frederick Bell, 1862-1947, from "The English Hymnal", 1906.  
Music: ERHALT UNS, HERR; Joseph Klug's "Geistliche Lieder"; Wittenberg, 1543; adapted by Johann Sebastian Bach, 1685-1750.